

Live: Psychological and Torah View on Mental Health

June 8, 2022 – 9 Sivan 5782

B"H



Mental Health Matters

A Physical and Spiritual View



Rabbi Shmuly Avtzon

Insights from the Rebbe's words



Dr. Shloimie Zimmerman

Is that an issue?



Rebbetzin Slovie Jungreis-Wolff

Creating a safe environment

COL LIVE

Followed by a Q&A with Dr. Zimmerman



8:00 pm

June 8 | Tes Sivan
470 Lefferts - Rosa Hall
East NY entrance

Send in your questions and RSVP at:
BethRivkah.edu/BranchesEvent

Watch Live Now: Mental health through a Torah and psychological view with Rabbi Shmuly Avtzon, Rebbetzin Slovie Jungreis-Wolff, and Dr. Shloime Zimmerman.

Bais Rivkah BRanches invites Bais Rivkah mothers to explore mental health through a Torah and psychological view on Wednesday, June 8th, Ches Sivan at 8 pm.

Mental health is important. There is no debate about it.

What does the Torah recommend in order to raise children with optimal mental health?
What does the Rebbe say about this issue?
What indicators should parents look for?

BRanches, the branch of Bais Rivkah that supports mothers on their parenting journey, brings an incredible lineup of speakers to explore this important topic.

Join Rabbi **Shmuly Avtzon**, director of Sichos in English, to explore the Rebbe's perspective on how to be "healthy in mind, body and spirit."

Hear Rebbitzin **Slovie Jungreis-Wolff**, a world-renowned speaker, discuss how to create a stable home through the timeless lens of Torah.

Dr. **Shloime Zimmerman** will help us determine if a child needs help.

Wednesday, June 8th, Ches Sivan at 8 pm in Rosa Hall.
RSVP Required.

<http://Bethrivkah.edu/branchesevent>

Mental health matters. Show up for your children.

LIVE



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