

Live: Healing From the COVID Trauma

May 4, 2021 – 22 Iyar 5781

HOW TO
Stay in Control
IN AN EVER-CHANGING WORLD

4 Events **LIVE** COL LIVE at Topics.

COURSE 4
MAY 4 • 8:30 PM
HEALING
Signs Your Child May Need Help
Addressing the far-reaching mental health consequences of COVID-19.
DR. SHLOIMIE ZIMMERMAN, PSY.D.
Dr. Zimmerman is a licensed clinical

Join Live at 8:30 PM ET: COLlive.com and NCFJE's Operation Survival virtual lecture series on mental health issues: Healing: Signs Your Child May Need Help.

After the success of last year's events, COLlive.com and Operation Survival, a department of the NCFJE, are once again partnering to host a virtual lecture series for parents and educators addressing hot topics in the area of mental health.

The series entitled, "How to Stay in Control in an Ever-Changing World," will feature four events on four consecutive Tuesdays from April 13th through May 4th. The topics of eating disorders, mother-daughter communication regarding intimacy, cutting and self-harm, and trauma will each be presented by a renowned expert in the field and

introduced by a Chabad educator involved with providing community support in that area.

“We are pleased to offer a forum for discussing these issues that are prevalent among our children, with an eye on prevention and providing support,” says **Yaacov Behrman**, Director of Operation Survival.

The lectures will take place at 8:30 PM on the following days April 13th, April 20th, April 27th, and May 4th, and can be viewed via Zoom, or through tuning in at COLlive.com.

There will be an opportunity to ask questions after the presentations.

Link to join Webinar

<https://zoom.us/j/91063815381>

How To Stay In Control In The Ever Changing World



May 4th

Healing: Signs Your Child May Need Help

Addressing the far-reaching mental health consequences of COVID-19

Dr. **Shloimie Zimmerman**, Psy.D., a licensed clinical psychologist and Chairman of the Clinical Advisory Board for Magen New York.

Introductory remarks: **Menachem Freeman**, longtime Hatzolah member.

Previous events:

How to Discuss Personal Topics With Daughter

Self Harm – How To Help Your Child

Eating Disorders – Causes, Signs, Symptoms

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HOW TO *Stay in Control*

IN AN EVER-CHANGING WORLD

4 Events • 4 Presenters • 4 Hot Topics.

COURSE 4

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DR. SHLOIMIE

ZIMMERMAN, PSY.D.

Dr. Zimmerman is a licensed clinical
psychologist and Chairman of the Clinical
Advisory Board for Magen New York

INTRODUCTION:

Menachem Freeman

Hatzolah member



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